

WTCS Repository

10-809-198 Intro to Psychology

Course Outcome Summary

Course Information

Description This introductory course in psychology is a survey of the multiple aspects of human behavior. It involves a survey of the theoretical foundations of human functioning in such areas as learning, motivation, emotions, personality, deviance and pathology, physiological factors, and social influences. It directs the student to an insightful understanding of the complexities of human relationships in personal, social, and vocational settings.

Total Credits 3.00

Pre/Corequisites

Prerequisite Each Wisconsin Technical College determines the General Education course prerequisites used by their academic institution. If prerequisites for a course are determined to be appropriate, the final Course Outcome Summary must identify the prerequisites approved for use by the individual Technical College.

Course Competencies

1. Apply psychological perspectives and research methods

Assessment Strategies

1.1. in a written, oral or graphic reflection on psychological perspectives and research methods

Criteria

Performance will be satisfactory when:

- 1.1. reflection outlines the goals of psychology
- 1.2. reflection relates the goals of psychology to your personal goals
- 1.3. you apply the steps of the scientific method
- 1.4. you demonstrate skill in using research methods

2. Use principles of motivation

Assessment Strategies

2.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 2.1. you assess personal motivational patterns
- 2.2. you clarify your personal life goals
- 2.3. you incorporate theories of motivation
- 2.4. you apply principles of motivation to specific situations

3. Apply principles of learning

Assessment Strategies

3.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 3.1. you communicate themes of major learning theories
- 3.2. you articulate an awareness of the need for continuous updating and broadening of skills
- 3.3. you identify individual learning styles
- 3.4. you assess your preferred learning style
- 3.5. you apply learning strategies to specific situations

4. Characterize biological, hereditary, and environmental influences on behavior

Assessment Strategies

4.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 4.1. characterization notes the biological influences on behavior
- 4.2. characterization relates major structures of the brain with their attending functions
- 4.3. characterization relates neuron communication with behavior
- 4.4. characterization notes the hereditary influences on behavior including genes, chromosomes, and the human chromosomal structure
- 4.5. characterization relates principles of genetics to individual differences
- 4.6. characterization notes the environmental influences on behavior
- 4.7. you differentiate among the influences

5. Demonstrate effective cognitive processes

Assessment Strategies

5.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 5.1. you summarize different types of cognitive processes
- 5.2. you analyze the relationships among cognitive processes
- 5.3. you apply cognitive processes such as problem solving, critical thinking, and creativity to everyday life
- 5.4. you apply concepts in the areas of perception, memory, language, learning, and aging to everyday life

6. Appraise interaction between social influences and individual behavior

Assessment Strategies

6.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 6.1. appraisal incorporates principles of social thinking
- 6.2. appraisal incorporates principles of social influences
- 6.3. appraisal relates contemporary social problems to principles of social relations
- 6.4. appraisal predicts the impact of social influences on individual behavior

7. Relate personality theories to self and others

Assessment Strategies

7.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 7.1. you summarize important features of personality theories
- 7.2. you note the assumptions on which the theories are based
- 7.3. you detail similarities and differences between the theories
- 7.4. you draw logical conclusions about how the theories relate to case studies and/or yourself

8. Specify coping strategies for stress

Assessment Strategies

- 8.1. by analyzing case studies or scenarios

Criteria

Performance will be satisfactory when:

- 8.1. you identify stressors
- 8.2. you note the physiological and psychological responses to stress
- 8.3. you analyze factors contributing to the stress
- 8.4. you prescribe a plan of coping strategies for effective stress management
- 8.5. you explain why the strategies should improve the situation

9. Evaluate the impact of states of consciousness on behavior

Assessment Strategies

- 9.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 9.1. evaluation defines altered states of consciousness
- 9.2. evaluation addresses states of consciousness such as sleep, dreams, mind altering drugs, hypnotism, etc.
- 9.3. evaluation includes the effect of the state of consciousness on behavior
- 9.4. evaluation connects scientific research on the states of consciousness to scenarios or case studies

10. Analyze the interactions of sensation and perception

Assessment Strategies

- 10.1. in an oral, written and/or practical application either individually or in a group

Criteria

Performance will be satisfactory when:

- 10.1. analysis compares sensation and perception
- 10.2. analysis describes similarities and differences between sensation and perception
- 10.3. analysis shows the relationship between sensation and perception
- 10.4. the relationship between sensation and perception is based on application of facts and theories
- 10.5. analysis includes real life examples of the interactions of sensation and perception
- 10.6. analysis details problems encountered with sensation and perception
- 10.7. analysis includes suggestions for minimizing problems

11. Differentiate among psychological disorders and related treatment approaches

Assessment Strategies

- 11.1. in an oral, written, or graphical response to a scenario or case study

Criteria

Performance will be satisfactory when:

- 11.1. you identify psychological disorders
- 11.2. you characterize the relevant symptoms/problems related to the disorder
- 11.3. you note common therapeutic approaches used to treat the disorder
- 11.4. you detail pros/cons for the treatment approaches
- 11.5. you incorporate related scientific information about the brain, emotions, abnormal behavior, and stress

11.6. you recommend local/national mental health resources related to the disorder

12. Articulate human development processes

Assessment Strategies

12.1. in an oral, written, and/or practical application either individually or in a group

Criteria

Your performance will be successful when:

- 12.1. you illustrate cognitive, moral, physical, and psychosocial changes that might occur across the lifespan
- 12.2. you assess the impact of cognitive, moral, physical, and psychosocial changes across the lifespan
- 12.3. you incorporate relevant scientific research related to human development
- 12.4. you distinguish between the cognitive, physical, and psychological aspects of various stages of life