

**MORAINÉ PARK TECHNICAL COLLEGE  
COURSE SYLLABUS**

**COURSE:** Psychology of Human Relations: 809 – 199  
Fall Semester, 2009

**INSTRUCTOR:** Terri Wilkens  
**OFFICE:** A 218.1  
**HOURS:** W 2:00 – 5:00 PM T & Thru. 12:30 – 1:30 PM, or by  
appointment

**PHONE:** (920) 924 – 3139  
**E-MAIL:** [twilkens@morainepark.edu](mailto:twilkens@morainepark.edu)

**TEXT:** Psychology Applied to Modern Life  
By Weiten and Lloyd, 9th Edition

**COURSE DESCRIPTION:** Explores the relationship between the general principles of psychology and our everyday lives. Students are given the opportunity to achieve a deepened sense of awareness of themselves and others. This understanding enables students to improve their relationships with others at work, in the family, and in society.

**COURSE LEVEL LEARNING OUTCOMES:**

- Examine learning strategies
- Work as a team member
- Apply principles of motivation relevant to theories of personalities
- Analyze impact of stress
- Utilize stress management techniques
- Analyze self concept
- Apply conflict resolution skills
- Establish functional interpersonal relationships
- Explore personal/professional changes across the life span
- Examine emotional expressions

### **CORE ABILITIES:**

Core abilities are those behaviors which are expected of all Moraine Park students. For example, a responsible student attends class regularly and participates fully while respecting the rights of other students to do the same.

Work Productively  
Learn Effectively  
Communicate Clearly  
Work Cooperatively  
Act Responsibly  
Value Self Positively  
Think Critically and Creatively

### **GRADING POLICY**

The final grade (A, B, C or N/C) is calculated on a total point basis. There will be 790 total points possible.

A = 93% or 735 - 790 points  
B = 87% or 687 - 734 points  
C = 80% or 632 - 686 points  
N/C less than 632 points

Study Objectives 8 X 20 points	= 160
Two major exams x 100 points	= 200
Two written papers X 50 points	= 100
Group Research Paper	= 200
Participation points 13 X 10	= 130
Total	= 790

### **CLASS INVOLVEMENT**

Participation is essential to learning. You will receive 10 points for each class attended (in full) and active participation (no sleeping) is expected to earn the full 10 points. There is no make up for attendance points and an assignment which is more than one day late will receive no higher than 75% of total points. **(Study Objectives more than 1 week late receive a zero)**

## STUDY OBJECTIVES

For every chapter(s) of this course that is covered, you will complete study objectives, which are similar to study and discussion guides. Bring your completed study objectives to class and be prepared to share your responses with the class during discussion. Successfully completing the objectives and sharing them with the class earns a maximum of 20 points each. The written objectives are due after completion of class discussion of that chapter (s). Discussion of the objectives is part of the learning process, so you are encouraged to add to or edit your objectives during class discussion, but you must have read the text and written your own responses prior to class. **So, before class, read the chapters and write your responses to the study objectives. During class, get involved in the discussion and edit or improve your responses. After class hand in your edited study objectives for full credit.**

## EXAMS (2)

Each exam will be worth 100 points. The exams will be graded on evidence of thorough knowledge of the material (from the study objectives, readings and lectures) and critical thinking. You must be present for the exam as there are **no make-ups unless prior approval is obtained from your instructor.**

## GROUP RESEARCH PAPER

Your group must select a topic related to the material covered in this course that is of interest or holds information that will be valuable to group members for future purposes. Your group needs to research that area and write a 5-7 page report which summarizes the important information gathered from the research and be ready to present the findings on. The reports must be typed, double spaced and grammatically correct. Your group must use at least 3 references which needs to include two publications located anywhere but on-line. I suggest APA format, and you must correctly cite the sources you use. In addition to the 5-7 pages, you will need a cover and reference page. Each group member will be rated by fellow group members that will impact on overall score for the project. (200 points) **For everyday late subtract 20 points from total points earned!**

## WRITTEN PAPERS

There are two short written papers that will need to be completed and submitted by the due dates. Each paper is worth 50 points and must be 1-2 pages long, typed, doubled spaced and grammatically correct.

**PSYCHOLOGY OF HUMAN RELATIONS  
WEEKLY SCHEDULE**

All of this is subject to change as circumstances dictate. However, you can generally determine your assignments for learning objectives and textbook readings from this schedule.

<b>Week #1</b>	<b>Chapter 1 Adjusting to Modern Life</b>
<b>Week #2 – 3</b>	<b>Chapters 6 &amp; 10 Social Cognition and Social Influence, Gender and Behavior</b>
<b>Week #4</b>	<b>Chapter 2 Theories of Personality</b>
<b>Week #5</b>	<b>Group Work Week</b>
<b>Week #6 - 7</b>	<b>Chapters 3 &amp; 14 and 4 Stress and Its Effects, Psychology and Physical Health, and Coping Processes Stressful Event Paper Due</b>
<b>Week #8</b>	<b>Chapter 5 The Self Midterm Exam (Chapter's 1, 2, 3, 4, 6, 10, 14)</b>
<b>Week #9</b>	<b>Chapter 7 Interpersonal Communication Life Directions Paper Due</b>
<b>Week #10 – 11</b>	<b>Chapters 8, 9, 11 &amp; 12 Friendship &amp; Love, Marriage and Intimate Relationships, Development in Adolescence &amp; Adulthood, and Development &amp; Careers and Work.</b>
<b>Week #12</b>	<b>Research Papers Presentations</b>
<b>Week #13</b>	<b>Chapter 13 Expression of Sexuality</b>
<b>Week #14</b>	<b>Chapters 15 &amp; 16 Psychological Disorders &amp; Psychotherapy</b>
<b>Week #15</b>	<b>Final Exam (Chapters 5, 7, 8, 9, 11, 12, 13, 15, 16)</b>
<b>Week #16</b>	<b>Make-Up Exams, Grades, and Good-byes</b>

**PSYCHOLOGY OF HUMAN RELATIONS GRADE CHECKLIST**

NAME \_\_\_\_\_

Program of Study \_\_\_\_\_

Absent Dates \_\_\_\_\_

Week #1 Chapter 1

Week #2 – 3 Chapters 6 & 10                      Obj \_\_\_ Attendance \_\_\_ (2 weeks)

Week #4 Chapter 2                                      Obj \_\_\_ Attendance \_\_\_

Week #5 Group Work Week                                      Attendance \_\_\_

Week #6 - 7 Chapters 3, 14 & 4                      Obj \_\_\_ Attendance \_\_\_ (2 weeks)  
Stressful Event Paper Due – Week 6

Week #8 Chapter 5                                      Obj \_\_\_ Attendance \_\_\_  
Exam 1 \_\_\_\_\_ Chapters 1,2,3,4,6,10,14

Week #9 Chapter 7                                      Obj \_\_\_ Attendance \_\_\_  
Life Directions Paper Due

Week #10 – 11 Chapters 8, 9, 11 & 12                      Obj \_\_\_ Attendance \_\_\_ (2 weeks)

Week #12 Research Paper & Presentations                      Attendance \_\_\_

Week #13 Chapter 13                                      Obj \_\_\_ Attendance \_\_\_

Week # 14 Chapters 15 & 16                                      Obj \_\_\_ Attendance \_\_\_

Week #15 Final Exam \_\_\_\_\_ Chapters 5, 7, 8, 9, 11, 12, 13, 15, 16

Total Points from Exam I & 2	___	Total Points	___
Total Points from Objectives	___	Grade	___
Total Points from Participation	___		
Research Paper Points	___		
Written Paper (2) Points	___		